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Fellow: American College of Surgeons

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Board-Certified: General Surgery and Critical Care, American Board of Surgery
MD: University of Illinois College of Medicine
Fellow: American College of Surgeons

ANDREW S. AGOS, MD

Board-Certified: General Surgery and Critical Care, American Board of Surgery
MD: Finch University of Health Sciences/ The Chicago Medical School

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POST-OPERATIVE INSTRUCTIONS BREAST SURGERY (LUMPECTOMY, MASTECTOMY, AXILLARY DISSECTION)

Please note any unusual or excessive bleeding, pain, or swelling.

No shower for one (1) day or two (2) days.

May remove dressing in two (2) days, but leave steri-strips in place.

Please note drain output, and empty drains when the cannister is full.

May resume activities as tolerated.

Avoid any activity with the arms that causes you pain for the first week post-operatively.

Resume a normal diet.

Take prescribed medication or Extra Strength Tylenol as directed, for pain.

Avoid alcohol while taking pain medications.

Call office or return to ER for nausea, vomiting, or fever.

Please call office to schedule your follow-up appointment, to be scheduled for 7-10 days after surgery.

MD / RN SIGNATURE

DATE

I HAVE RECEIVED AND UNDERSTAND THE INSTRUCTIONS:

PATIENT / GUARDIAN, IF MINOR SIGNATURE

DATE

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