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Fellow: American College
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Board-Certified: General
Surgery and Critical Care,
American Board of Surgery
MD: University of Illinois
College of Medicine
Fellow: American College
of Surgeons

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Surgery and Critical Care,
American Board of Surgery
MD: Finch University
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POST-OPERATIVE INSTRUCTIONS LAPAROSCOPIC CHOLECYSTECTOMY (GALLBLADDER REMOVAL)

Please note any unusual or excessive bleeding, pain, or swelling.

No shower for one (1) day.

May remove outer dressing in one (1) day, but leave steri-strips in place.

May resume activities as tolerated, with no lifting over 15-20 pounds.

Resume a normal diet.

Take prescribed medication or Extra Strength Tylenol as directed, for pain.

Avoid alcohol while taking pain medications.

Call office or return to ER for nausea, vomiting, or fever.

Please call office to schedule your follow-up appointment, to be scheduled for 7-10 days after surgery.

MD / RN SIGNATURE

DATE

I HAVE RECEIVED AND UNDERSTAND THE INSTRUCTIONS:

PATIENT / GUARDIAN, IF MINOR SIGNATURE

DATE

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