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Fellow: American College
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Surgery and Critical Care,
American Board of Surgery
MD: University of Illinois
College of Medicine
Fellow: American College
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MD: Finch University
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LUMPS/SKIN LESION REMOVAL

POST OP INSTRUCTIONS

- 1 If a bandage is in place, leave for 24 hours then remove.
- 2 Keep wound dry for 24 hours.
- 3 Avoid lotions or alcohol based products for 72 hours.
- 4 There may be mild swelling and bruising near incision, this is normal.
However, observe for signs of infection;
Severe pain
Increasing redness
Wound drainage

If signs of infection develop, notify surgeons immediately.

Use Tylenol/Ibuprofen as prescribed for pain unless a separate prescription was given.

You may shower 24 hour after surgery. Avoid swimming or submerging the incision for 1 week.

Avoid direct sunlight to the incision for 6 months. If unavoidable, keep incision covered or apply lotion (SPF 30) to the incision.

Any questions or concerns can be directed to the office:
(847) 864-8887.

MD/RN SIGNATURE

DATE

I HAVE RECEIVED AND UNDERSTAND INSTRUCTIONS:

PATIENT/GUARDIAN, IF MINOR SIGNATURE

DATE

800 Austin Street, Suite 363, East Tower • Evanston, IL 60202
5140 North California Avenue • Chicago, IL 60625
7380 North Lincoln Avenue • Lincolnwood, IL 60712
185 North Milwaukee Avenue, Suite 230 • Lincolnshire, IL 60069
Fax: 847.491.9675 • www.BoffaSurgicalGroup.com